

Coaching Minor Curriculum (COAC)
Department of Health and Kinesiology
Minimum of 18 hours

Name _____ UIN _____
 E-mail _____ Phone _____ Major _____

ALL COURSES MUST BE COMPLETED WITH A "C" OR BETTER

Course	Hrs.	Gr	Title	Prerequisite	Class	Substitution	Essential Information
Required							
HLTH 216	2		First Aid			None	
Kine 199M	1		Major's Resistance/Flex			None	Must be Major's Resistance/Flex
KINE 215	1		Fundamentals of Coaching			None	
KINE 306	1		Functional Anatomy for Coaches		Jr./Sr.	None	
KINE 302	1		Applied Ex. Phys. for Coaches	KINE 306	Jr./Sr.	None	
KINE 307	3		Lifespan Motor Development		Jr./Sr.	None	
KINE 318	3		Athletic Injuries	KINE 306 & HLTH 216	Jr./Sr.	None	
Electives							
Coaching of...							
KINE 312	2		...Baseball	KINE 215			
KINE 314	2		...Soccer	KINE215/KINE199 Soccer			
KINE 317	2		...Football	KINE 215			
KINE 321	2		...Volleyball	KINE 215/Kine199 Volleyball			
KINE 351	2		...Basketball	KINE 215/KINE199 Basketball			
KINE 355	2		...Track	KINE 215			
Optional							
Beneficial but not required							
KINE 121	2		Physical & Motor Assessment				
KINE 213	3		Foundations of Kinesiology				
KINE 304	3		Psych. of Sport & Physical Activ.		Jr.	PSYC 304	
KINE 319	3		Sociology of Sport		Jr/Sr.	SOCI 319	
KINE 333	3		Sport Management		Jr./Sr.		
KINE 406	3		Motor Learning & Skill Perform.		Jr./Sr.		
KINE 421	3		Sports Law and Issues		Jr./Sr.		
KINE 426	4		Analysis of Movement	PHYS 201	Jr./Sr.		
KINE 433	3		Exercise Physiology		Jr./Sr.		

****Bold courses --> must come by HLKN Department (Read 160) to request a force for enrollment

Student _____ **Date** _____

Advisor _____ **Date** _____